

# Walks

All walks except 2 can be shortened or halved using buses. All walks can also be walked inverse, but the indicated direction is better. Distances and altitudes see map, 1:25000 4cm=1square=1km

## 1 Manantiales-Llanos de la Pez

Go Avenida Tinamar (aborigin name for San Mateo) up to Street Palma, this till its end at the main road (to Telde). Here starts the walk signed by blue fletches and points. Walking upwards cross the main road 2 times, then , at 4 Caminos(Houses and school in ocre) follow it righthand 100m under trees till next bifurcation, there straight on to Asomada. Passing an shop after 100m go lefthand a small street built with concrete. In the turn go straight on upwards the path, which after 200m will join in a turn of the street to Camaretas. Following it 300m, after un turn leave it lefthand by an well paved path. After 1, 2 km it will run into an unpaved street which is to follow till an bifurcation with another one. There go the path crossing it. This path ends at an white concrete post at an unpaved street, which is to follow straight on to the pink Casas Ingleses (the Las Palmas Water Works had been founded by British Merchands). Before reaching it go an concrete-built street righthand at an waste-container upwards to its end. At the last house righthand starts a path, which goes at the rearside of the house upwards (righthand). At the highest field it turns strongly lefthand, crossing genista areas. Later it goes in the bottom of an barranco upwards for 200m, then it passes other genista area horizontally. Out of the forest, it passes cactus and you have fine views. At a pine it turns left, slowly descending between fields, meadows, apple-trees and walnuts. Entering the forest it ends at an unpaved street, which ends at an reservoir. Follow the path straight on, passing an source, it goes passed 2 small bottoms upwards to the ginesta area. Going upwards, passing an clear with an house without roof it reaches acueduct out of use. Follow it till its start, where you can see the street at the slope in front of zou. To reach it, cross the ginesta descending first an later upwards. Follow this unpaved street-which soon unite an other -straight on upwards. 1, 5 km later you reach the crossing of some roads, which is to cross to go an private street in front of you. It brings you beside an apple-tree plantation to the hunters Monument(left are the breeding installations for partridges) . Here starts an paved walk descending, follow it straight on. Later it descends in zigzag in an ginesta area to the road. (going the road straight on, you will reach the bus stop Cruz de Tejada within 35 min). Follow the road righthand upwards till lefthand, at an drinking through, leave it going downwards the unpaved street straight on. It ends at the entry to an pumping house. Pass it and the following apple-tree area, you reach by an footpath some willows and an old stable. Going through ginestra areas downwards you come to an well. The path passes beside the fence of an apple tree plantation, later besides an small wall downwards. At some pines it reaches un unpaved street, you follow it righthand, later straight on downwards. So you arrive at the road to Cueva Grande; you cross it going downwards the abridgement to San Mateo. It crosses again and again the main road end ends behind the restaurant "Raiz del Verol" in the El Retiro quarter of San Mateo.

## 2 7 Fuentes-Saucillo

To start see walk 1. At"Casas Ingleses" pass it lefthand (green signed). Under eucalyptus trees starts righthand the paved path upwards. Soon it will meet for 50 m the street, leave it and reach it for its last 200 m. The end nearby some houses starts the path on white soil. It ends at under pines at an abandoned house at an unpaved forest street. Follow it upwards till reaching the main road. Go it lefthand 500 m and leave it lefthand entering an unpaved private street. Leave it at a crossing following a footpath downwards. You see yet the Saucillo, the

emblematic mountain in front of you. Using a unpaved street beside fences which you have to leave at 500m, passing an deserted gravel area without ways, you reach the basis at an high-tension pole at an unpaved street with view to east. Follow it lefthand downwards, passing the forest. In an glade take righthand an shortening, passing an old lime or tar oven. Following the street downwards, at an fenced apple tree area, go a path lefthand downwards through a ginestra area. In the bottom of the valley it meets a concrete pipeline, following it. Passed an reservoir. at an isolated tree, turn lefthand to a path downwards with views to Lechuzilla. In this quarter arrived, it changed to street . Leave it after 300m righthand by an footpath downwards. It passes at fields and ends at an house, changing in concrete paved street. Follow it lefthand it reaches soon the main road of the quarter between high retaining walls at an waste container. Go righthand downwards zou reach the main road. Following it 400m, change righthand at the school a small street. Going it downwards, you encircle the quarter 4 Caminos, cross the main road to go downwards(blue signs)to the start of walk 1.

### **3 Barranco La Mina -Las Mesas**

It starts at the End of walk 1, going it upwards (blue signs). At the end of the abridgement, turn righthand. (red signs) follow the road to the restaurant "Las rosas". Going the main road 500m upwards to the Portillo, a quarter of Las Lagunetas. Following the red signed streets to the bottom of the valley, cross the bridge and go lefthand beside the brook an unpaved street upwards. At it end, turn lefthand. Following the brook upwards, you will reach an water mill in ruins. The path goes beside retaining walls upwards to the main road. Go it righthand, crossing the bridge you will see the wooden sign "barranco de la mina". The path follows the valley to the "source"(It isn't an source, it is the end of an aqueduct which had passed un tunel dated 1594). Now it goes at the dry bottom of the valley upwards until reaching some abandoned houses. Here starts righthand a unpaved road upwards to the main road, reaching it at "Degollada Becerra" (view). Go the main road 400m lefthand zou will reach walk 1, following (blue signs) lefthand. (If you go at "Degollada Becerra" righthand, you reach the bus stop in 30 min)

### **4 Valsequillo**

Walk direction "Higuera" (red signs), passed the bridge righthand change to a small street upwards. At its end, a path continues to the street "Montañon". This goes lefthand, at an bifurcation righthand softly downwards. Passed an unterminated rural school, righthand a concrete-paved road will appear. Follow it downwards to a turn, go straight on the path. Soon it will descend in zig-zag the slope. It ends at a street with the indicator "San Mateo" Here go downwards to an turn lefthand at an telephone, direction to the viewpoint "mirador" in front of you. Before reaching the access to it, leave righthand the street, going an path downwards. Soon it will reach the access street, follow it downwards to the village (Bus stop). Before entering, at righthand a path descends beside the great retaining wall. Cross the main road to reach a street which goes righthand to ancient buildings, a military quarter in 18. century. Leave it to the bottom of the valley using an path between fences lefthand. Go 50m upwards, you see the path climbing to the bridge. Beside it cross the mainroad following the street to "Colmenar" 200m. At the bifurcation go righthand downwards to the bottom of the valley. Here, between tubes, starts the empaved path upwards. At an bifurcation in an site with eucalypt trees go straight on, the way lefthand goes to Tenteniguada (Bus). Passed an meadow zou reach an old pasture fence. Following upwards the path will change in street near houses (Casillas). Go the street straight on upwards. Passed a pumping station with some pines, righthand goes a path softly downwards to an reservoir. Crossing an cactus area, go lefthand upwards until a black tube. Follow it righthand upwards till reaching some houses. Here go lefthand the access street till reaching the mainroad, which you have to follow righthand 1, 5 km. Than change righthand in the Montañon road till you reach the path of the start.

## **5 Pozo Umbria-Pino Santo Teror-Sagrado Corazon-San Isidro**

Red signed, It starts nearby the monument of the Agricultor at the lower end of San Mateo. Behind an carpenters shop downwards to the "Chorillo" quarter, passed a small bridge you go the street righthand downwards to the bottom of the valley. There is a crossing, where you go lefthand upwards, at the following bifurcation righthand. Then reach the reservoir "Toronjo". If the doors are closed there is beside a small gap for people and small livestock. Passed it, go righthand 20m downwards, turn lefthand. After the first turn, change lefthand downwards. The street ends at the pumping station of the "pozo umbria" which provides the "Tropical" brewery. Go in the bottom of the valley righthand downwards, at the left slope you will see the white concrete of the waste-water tube of "Lomo Carbonero". Go on it upwards till you reach the street between houses. Turn left and go the main road upwards to a phone, in front of them go righthand besides a shop. The street crosses first a barranco, later another road, and after 2 km at lefthand, leave it upwards by a concrete paved street. At the top you cross the streets, following righthand firstly softly ascending, later downwards to "Faro" (shops, restaurant). Here you go lefthand a path downwards, which sometimes joins the street too. At "Cuesta Falcon" you leave it righthand by a smaller street, which ends at a field: but beside of it, there goes a path downwards to the bottom of the valley, passing a solitary house there. Go upwards the slope in front of it, you reach the quarter "Los Alamos" of Teror. (All streets straight on will reach the center). The return route starts here going the street lefthand till in a turn, passed a bridge, go straight on "Corazon Jesus" upwards. It ends at a place in front of the church (bus stop). Pass it and in the crossing behind the church go righthand. The street passing a shop goes the slope in front of upwards. At a bifurcation, go lefthand till the end of the street. Leftside of a house starts the path to "San Isidro". It reaches the main road in front of the junction with the street "Madrelagua". But you follow the mainroad upwards till reaching a spring (bus stop). Here starts a paved path upwards, which changes in street soon. At a chain, go the path lefthand. It reaches the street of Arinez beside a house with pines. Go upwards to the turn, at leftside you see the buildings of the Ariñez dam. Here starts a small step downwards. Encircling the reservoir by a path, you reach "Cruz Herrero". Go lefthand, at a bifurcation at 200m righthand the street "Yedra". In the first turn of it go straight on the path downwards. At the first houses it becomes street. Follow it downwards till a stone-masons shop leftside. Cross it following a path, which reaches behind the church of Utiaca (bus stop, restaurant, store) the main road. Cross it following a minor street 400m. Then, between houses, goes a path righthand downwards, which will, converted as non paved street, join another besides a waste-container. Follow it lefthand 20m, then turn right upwards. In the first turn go the path straight on upwards. Passed a retaining wall it reaches the main road. Follow it upwards lefthand. Just passed a turn, go lefthand the second one of two streets downwards. Changing in path, it goes parallel to the mainroad to San Mateo. Behind the Lourdes Chapel (for visiting it ask at the town hall) it reaches the Lourdes Street.

## **6 Drago Tree-Sta . Brigida-Cruz Gamonal**

Start as 5, but passed the reservoir and descended to the bifurcation, follow the blue signs straight on downwards. In the bottom of the valley, nearby an orange plantation, go the path there righthand. Passed the Drago tree, go the road to Los Silos straight on. Behind the turn yet the church of Sta Brigida is visible-go lefthand a street softly downwards. Later go a smaller, unpaved street lefthand downwards to reach the bottom of the valley. Here starts the paved path upwards, which reaches Sta Brigida nearby the church. But go in opposite direction the Franco street to the main road (bus stop). Follow it upwards to a petrol station. Here change lefthand to a smaller street to "Cruz Gamonal". Follow it upwards till Nr. 127, here turn left a small street, which changes in a path which reaches "Cruz Gamonal" besides a water distribution house and some waste containers. Cross the roads, pass the 3 crucifixes and go downwards below the school. The street goes to the bottom of the valley and

upwards another valley. Passed an barrier it ends at the start of the path upwards straight on some steps. You have to cross close vegetation the first 200m, later go upwards in zigzag between cactus. The path ends at an house, where the access street to it starts. Follow it upwards till the road "Montanon", which you follow righthand upwards. The red signs guide you to San Mateo

## **7 Las Lagunetas -Cruz de Tejada-Valleseco-Terror-Naranjeros-san Isidro**

Start as 3. But reached the end of the street beside the brook go straight on upwards (green signs) an path, which soon turns left. Here it changes in street. Go upwards, at an bifurcation righthand. At the end of the street starts an path upwards to the main road nearby an trafo station. Cross the road and enter the path between houses 20m upwards. Follow it upwards, crossing sometimes the main road. It ends at Cruz de Tejada at some steps between waste containers. Turn right, pass the shops and catch below the trafo station at the bus parking the paved path upwards. Crossed the main road at an high-voltage pylon, it descends in the forest. At "Cueva corcho" it crosses the road, it ascends some meters. Passed the "Caldereta" it changes beside an washing basin to an road. Reached the main road at "Lanzarote" follow it righthand to see one of the beautiful washing-basins of the island. Follow the road downwards, turn at an restaurant(bus stop)right in an street downwards. It passes between houses till the main road at Valleseco at an petrol station. Turning righthand pass it and follow to the end of the street, there go lefthand, passing the church and reaching the end of Valleseco. Cross the main road and follow the narrow one straight on downwards to "Zamora". Passed the cemetery, at the crossing, go the unpaved street downwards righthand. It soon goes upwards to reach the crossing main road -road to Firgas. Cross it following the street in the center to "Laguna" an recreation resort. In front of the entrance to it descends an narrow street righthand, which leads to the main road. Crossing it starts the path downwards, crossing it 3 times(to go the center of terror, cross 4 times, pass at a water installation building, the, stade and go beside the long and huge wall of the Monastery of Cister to the center). the return way follow now the main road to the quarter "Las Rosadas". Enter it follow the street to its end. Here starts righthand the path. Passed some cactuses at the bottom of the valley, it goes strongly upwards to reach the street to Madrelagua. There, nearby an cheese factory, change left the street to "San Isidro" Here follow the Walk 5 (red signs) or take the bus.

## **8 Las Lagunetas-Arinez**

To Utiaca go as the final of Walk 5, but in inverse direction. At the crossing the walk behind the church an aqueduct, follow it (blue signs). It reaches the street to Zedra, follow it upwards till the turn. Here do the street straight on, which passes in the bottom of the valley the brook and, passed an chain, crosses it at second time. Ascended some meters, it ends at some steps upwards. Reached the terrace of an house, follow lefthand some tubes. The path ends at some water houses. Here starts a path upwards between fences crossing a little bridge. Passed some zigzags it goes softly upwards, changing in street at some fields. Follow it to the junction with another, righthand upwards. Follow these till the start of an path leftside going upwards. Beside some fields it goes upwards, passing in little descending an creek, to reach-converted in street-the main road above Arinez in it turn right. Follow it downwards, passing the church. After a turn left leave it at some houses by an smaller street downwards righthand. This street goes to "Cruz Herrero" where you follow Walk 5 (red signs)

The black marked walks are not signed, but described in "Vega San Mateo Hiking guide", which is in Spanish at the public library and in English at "Servicios Sociales" in front of it obtainable